

Presentation at Government House

Principals and University of Adelaide staff attended a presentation at Government House acknowledging the implementation of the new Children's University initiative. Minister of Education Jennifer Rankine and Chief Executive Tony Harrison thanked St Leonards PS, Brighton PS and Brighton SS for piloting this program.

Year 3 and Year 4 students are excited about being part of new learning opportunity and have already collected their 'passports for learning'.



L to R: Judith Allen, Principal of Brighton PS, Tony Harrison, DECD Chief Executive, Jennifer Rankine, Minister of Education, Linda Richardson, Principal St Leonards PS, Olivia O'Neil, Principal Brighton SS

Diary Dates

Week 2

Wednesday 30 July

- Jump Rope Presentation

Thursday 31 July

- Scholastic orders due

Friday 1 August

- 8:15am Finance Meeting
- Yr 5/6 Boys Badminton Carnival



Week 3

Tuesday 5 August

- 7:00pm Governing Council Meeting

Thursday 7 August

- SAPSASA Basketball

Friday 6 August

- Assembly - Rooms 8 and 11
- Yr 5/6 Girls Badminton Carnival

Principal's Messages

Welcome back everyone. I hope children and staff are rested and ready for a busy term ahead.

We ended last term with many highlights, including the staff v students soccer match, Rapunzel performance, launch of the Children's University, local excursions, professional learning on the Pupil Free Day, as well as the many student academic successes in the mid-year reports.

School Crossing

Throughout this year Governing Councillor Kim Buckley and I have been working with the Holdfast Council to alleviate the traffic congestion around the school. A number of parking restrictions were put into place, however, we were still concerned about the safety of children crossing Russell Street.

We are pleased to announce that DECD and Holdfast Council have now agreed to install an Emu Crossing. The Council will consult with local residents and some further parking restrictions will need to be addressed, however we are confident that the Emu Crossing will assist children crossing Russell Street. More information will follow in future newsletters.

Anti-Bullying Policy

Please find attached the Holdfast Cluster Anti-Bullying and Harassment Policy. This was formulated last year by local schools, as cyberbullying seems to be becoming more prevalent with student access to computers, mobile phones and cameras. Bullying, whether in or out of school, can have a major impact on student learning and wellbeing.

Please be assured that we will follow up on any incident and ask you to contact us if your child is having difficulties. The attached policy provides useful information and I encourage you to sit down with your child and discuss this with them.

Entertainment Books

Limited stock available

Books can be purchased from the Front Office for \$65.



\$13 from each book sold goes to support St Leonards Primary School's fundraising.

St Leonards Primary School
Jervois Street, Glenelg North 5045
Principal: Linda Richardson

www.sleonrdps.sa.edu.au

New Faces

We welcome Adriana Mezcic who is teaching in Room 12 for the next three weeks and pre-service teachers Sophie McCallum, Laura Constable, Carly Sims, David Barron and Alexandra Bennett who are completing their four week block practicum at St Leonards. Congratulations to Janine Tuckwell who will be working as OSHC Finance Officer.

Welcome new students Nick S in Room 11 and Arush K in Room 9.

Linda Richardson

From the Deputy

Head Lice

From time to time an outbreak of head lice can seemingly go on and on forever. It is especially prevalent in the lower years of schooling when the children get very close to each other in their daily routines. There's nothing more satisfying than curling up next to a friend and sharing a book or game.



With so many children in a class together, the chance of head lice moving between children is very common. That's why it is very possible that you may have only just treated your child's hair, got the all clear and within a fortnight, the lice are back. Every child in the room is on a different timeline with their treatment and the lice love it.

As a parent and carer, this can become very distressful. The continuous time commitment and expense of dealing with head lice can be very demanding, and frustrating. At the moment, some classes are in that very predicament, the head lice just won't go away. To break this cycle you need a united front and for a few weeks, everyone needs to get on board.

What to do:

- Check your child's hair **TONIGHT** and if you find head lice treat immediately.
- Chat with your local chemist to choose the best product for your child.
- Follow the directions on the product you have used carefully.
- Repeat in 7 -10 days.
- Wash bed linen, especially pillow slips on a hot wash cycle.
- **TIP** It can be cheaper and easier to gather all linen/clothing and head to the laundry mat to use the industrial washers and dryers and you'll be certain that the temperature is high enough to kill the lice.

Some tips to break the cycle:

Make time **EVERY WEEKEND**. Everyone needs to get on the same time-line.

Even if you have just treated your child's hair, do another check this weekend. Use the '**wet combing**' technique. This involves wetting the hair and scalp with conditioner to stun the lice then comb the lice and nits out. It is a good measure to be sure that your child's hair is free from nits.

- If you find head lice, check other members of the family
- Wash bedding/ clothing on a hot cycle. Maybe visit the laundry mat.
- Repeat, repeat, repeat. To break the cycle, everyone needs to stay vigilant. It will take about three weeks to break the cycle and have a nit free classroom, but remember your child plays with lots of children in the yard and away from the classroom, so keep the sight checking process up every weekend after the initial three weeks of "war on head lice." Use the wet combing technique if you need to make double sure!

Remember:

- Long hair should be tied back or plaited to reduce the chance of contact.
- Lice like behind the ears, the crown and at the nape of the neck.
- Use a fine tooth comb.
- For children with long or thick hair, it is time consuming, so be prepared to take the time it requires to be thorough.
- Head lice are **NOT** a reflection on cleanliness

For more information:

<http://www.health.sa.gov.au/pehs/branches/headlice/headlice-index.htm> (SA Health)

Kathy Baker, Acting Deputy Principal

Kidz Biz Growth and Development Family Evening Sessions

These highly interactive sessions will provide students and their parents/caregivers with an introduction to basic personal and social development education. All sessions will be facilitated in a manner that is not awkward or threatening.

There will be two sessions run on the evening.

Session 1, 6:40pm - 7:30pm: 'Where Did We Come From' (suitable for Reception to Year 4 students)

Session 2, 7:40pm - 8:30pm: 'What's Happening To Us' (suitable for Year 5 to Year 7 students)



More information will be sent home via a handout.

Jump Rope for Heart 2014

We are excited to announce that this term we are running the Jump Rope for Heart Program at St Leonards Primary School.



There are many aspects to the program:

- Skipping skill development
- Jumping games and activities
- Rope activities at lunch and recess
- Learning about heart health
- Fundraising money for the Heart Foundation
- Jump Off Day - to wrap up the program and show off their skills

Children will participate in Jump Rope activities during PE lessons as well as extra practice sessions during class fitness.

Students can bring their own rope to school but a guide towards a suitable rope is:

- It's made from PVC (plastic), not leather or rope. Leather hurts and rope gets caught in windy weather.
- It has handles.
- When stood on, the handles can be raised to your child's arm pits or there-about.



Your child will not need a rope of their own to participate as we supply all children with an appropriate rope for lessons. However, if your child

would like to do extra practice at home, their own speed rope can be purchased from many sports stores for around \$7 to \$17.

Here are some ways your child can be best prepared for PE and skipping lessons:

- Supportive sneakers, not flat canvas casual shoes
- Tight pants / skirt that stays up when jumping
- Long hair tied back
- A drink bottle full of water
- When learning to jump, a very long winter skirt can get caught on the rope. For PE lessons it is preferred that students wear pants, shorts, a skort / skirt or dress that is comfortable to be active in.

What happens now?

- In the next week your child will get a fundraising brochure that details how to fundraise online.
- In Week 7 we will be holding a **Jump Off Day** to celebrate the end of our program. On this day students will take part in a range of stations to **JUMP FOR A TOTAL OF ONE HOUR OR 30 MINUTES**, depending on their age.

How can parents help?

- By encouraging their children to eat well and be active.

- By supporting their child to raise money, even if just \$1.
- Sharing their favourite skipping tricks or games. These are not just limited to skipping but also **elastics!**

Please see Ms Bevan with any questions you may have or email me on

heidi.bevan649@schools.sa.edu.au

SAPSASA Events for Term 3



This term is a very busy one for SAPSASA. We have three main events we will be entering. Please see the details below:

SAPSASA Basketball

A boys 6/7 team has been selected and will participate in the District Carnival on Friday, 8 August. Notes have gone out and replies were due last term.

SAPSASA Indoor Volleyball

Year 6/7 students have nominated to participate. This is a high level carnival for experienced players. They will participate in games against other local schools on either Monday 18 August or Wednesday 20 August. Teams are being organised now and notes will go out once date is confirmed by SAPSASA.

SAPSASA Athletics

As the Commonwealth Games are beginning we are about to collect names for interested students for our upcoming carnival at SANTOS stadium on Thursday, 28 August.



This carnival is open to students born in 2004, 2003, 2002 or 2001. The events are, 100m, 200m, 800m, long jump, high jump, discus, shot put and relay.

We remind students to wear appropriate footwear every day to ensure they are ready for their trial, which will be run over two to three weeks, beginning next week. Notes will be sent home on successful selection. Please see Ms Bevan or Mr Schwarz with any questions.

Scholastic Book Club

Please note that orders are due by Thursday 31 July. Please make sure you write your child's name and classroom number on the order forms and return them by the due date.



Mel Worden, SSO

Tissue Boxes



Winter is well and truly here and with the cold weather comes the sniffles.

Please provide one box of tissues per child to be given to the class to be shared during the term.

Magy Elgindi, SSO

Jess' Corner

Welcome back to Term 3. I hope you all had a wonderful holiday and you all feel rested. This fortnight's newsletter article is on judging others. I find this topic very confronting for two reasons. Firstly, because I take things very personally and find it really hard to deal with judgment. The second reason is because over the last few weeks and months I have been noticing it a lot. We need to look at how we make others feel when we say those words and we also need to be willing to say to others "hey we don't say those sorts of things here". I am including a story about Mat the Hat. He was judged but was still perfect, although the other hats didn't think so.



Mat the Hat written by Thomas Dryburgh.

Once there lived a little hat named Mat. Mat was an old hat; he had a hole in the top of his head. All of the new hats that lived in the hat store picked on him because he was different, and not new and bright coloured like them. Then one day a man came to buy a hat. When he walked toward the hats, Mat and the others all got excited hoping they would be the lucky one that was picked.

The other hats all whispered to Mat: "You don't have a chance looking like that." Mat was sad and wanted to cry. The other hats were right, the man walked on by. 'That's it,' Mat thought. 'No one will want me, not anymore.' The man bought one of the new hats for \$2.95, put on his hat and that was that. But soon after that the man came back and he said: "I don't like this hat and I want my money back, it makes my head sweat and I do not want that." He walked back over to the hats and picked up Mat. "Oh how exciting, oh how grand, I'm getting out of this god forsaken land," Mat said. The man walked to the till and said: "I want to try this hat." The shop keeper replied, "You don't want that hat, it's old and it's ugly, much worse than that other hat."

The man took little Mat and said: "I want this hat and that is that. I'm taking this hat, now you deal with that." "You take him for free, he's not worth a flea," said the shop keeper gritting his teeth angrily. The man left the shop in a huff and a puff, put on little Mat and walked away in a chuff. Soon after the man ran back to the store, walked in the door and said: "I love this hat, because of the little hole in the head, it does not make me sweat. This little hat is much better than that other hat." And that was that.

This fortnight have a think about who you have been judging and do something nice for them, or say sorry. Lots of times we have no idea what is going on in that person's life.

Blessings, Jess (CPSW)

Crunch and Sip

Bananas

Varieties: Lady Finger, Cavendish, Gold Finger, Plantain and red Dacca.



What do bananas look like? Bananas are yellow and curved. They develop black spots as they become overripe. Bananas can be long (Cavendish, Gold Finger, Plantain and Red Dacca) or short and stubby (Lady Finger). Bananas are sold in bunches called 'hands' - which is just what they look like!

What do bananas taste like? Soft, sweet and smooth - delicious!

How do I eat a banana? Peel the skin and eat a banana like a monkey. You can also mash them, use them in cakes and muffins, freeze them on a stick or use them in fruit kebabs. Dried banana chips are also a tasty snack.

Nutrition bites: Bananas are a great source of potassium. Bananas are also the richest fruit source of vitamin B6.

Fun Fact! The average Australian eats nearly 15kg of bananas a year.

Commonwealth Bank School Banking Program

St Leonards Primary School is excited to offer the Commonwealth Bank School Banking Program to all students.



The School Banking Program provides children with an opportunity to make deposits into their personal Commonwealth Bank Youthsaver account at school each week. The program is about how often your child makes deposits, not how much they deposit.

To encourage regular savings behaviour the program offers an exciting Rewards Program. Every deposit earns your child a Dollarmites token, and once they've collected 10 tokens they can redeem them for a reward.

The Commonwealth Bank will be holding an account opening session from 8:20am - 9:30am on Tuesday 19 August near the Uniform Shop.

If you are interested in opening a Commonwealth Bank Youthsaver account for your child please bring along your driver's licence or another form of photographic identification.

Alternatively, you can open an account at any branch. by calling 13 22 21 or online if you are an existing Commonwealth Bank customer.